## **Awareness talk on Heart Health**

Date: 10.09.2025

**Organized by:** Department of BBA (Hospital Administration)

Academic Year: 2025 -2026

Report:

An Awareness Talk on Heart Health was conducted on 10th September 2025 to promote better understanding of cardiovascular wellness and preventive care. The session was delivered by Dr. Chokalingam, a renowned Cardiologist, who emphasized the importance of maintaining a healthy lifestyle, regular exercise, and early detection in preventing heart diseases.